

ACADEMIC AND CAREER SKILLS (ACS)

ACS 095 Student Success Seminar (3 Credits)

45 lecture, 3 total contact hours

In this course, students develop skills and habits that lead to academic, professional, and personal success. Through readings, activities, and journal writing, students will increase personal responsibility, self-motivation, self-management, interdependence, self-awareness, emotional intelligence, lifelong learning, and self-esteem. Other topics include an introduction to learning styles, reading and writing strategies, note-taking, studying tips, time management, effective communication, and money management. Personal, academic and career goal-setting will be explored. Level I Prerequisite: Academic Reading Level 5; no minimum writing level

ACS 107 College Reading and Learning Strategies (4 Credits)

60 lecture, 4 total contact hours

In this course, students will identify and develop the essential skills for academic success. Instructional units include the learning strategies essential for academic success: comprehensive textbook reading skills, vocabulary development, learning styles, time management, note-taking, reading rate strategies, test-taking and 21st century literacies. Successful completion of this course with a minimum grade of "C" will raise students' Academic Reading level to 5. Level I Prerequisite: Academic Reading Level 3; no minimum writing level

ACS 108 Critical Reading and Thinking (4 Credits)

60 lecture, 4 total contact hours

In this course, students will develop critical reading and thinking skills needed in order to comprehend, analyze and interpret college-level materials as well as materials they encounter in the outside world. Students will develop language proficiency and become independent learners. Successful completion of this course with a minimum grade of "C" will raise students' Academic Reading level to 6. Level I Prerequisite: Academic Reading Level 5; Academic Writing Level 3

ACS 111 College Success Seminar (3 Credits)

45 lecture, 3 total contact hours

In this course, students will analyze and evaluate the beliefs, attitudes, behaviors and skills that lead to academic, career and personal success. Through self-assessment, readings, activities and journal writing, students will synthesize data in order to improve self-management, increase self-esteem and maximize learning. Other topics include money management, effective use of college resources, critical thinking and decision-making and effective writing and communication. Academic, career and personal goal setting will be explored. The title of this course was previously First Year Experience Seminar. Level I Prerequisite: Academic Reading and Writing Levels of 6

ACS 122 Career Decision Making (1 Credit)

15 lecture, 1 total contact hours

In this course, students will complete exercises and vocational inventories to assess their interests, work values, skills, abilities, and personality preferences. They will also conduct informational interviews with professionals in their fields of interest. This course is designed for students who are undecided about a program of study or career goal or are contemplating a career change. Level I Prerequisite: Academic Reading Level 5; Academic Writing Level 6 or ENG 091 or ENG 111 taken with ENG 111S; may enroll concurrently in ENG courses

ACS 123 Information Literacy (1 Credit)

15 lecture, 1 total contact hours

In this course, students receive an introduction to techniques of information retrieval and information evaluation. Students completing this course will have the skills needed to locate and evaluate information, to think critically about research strategies and to apply these concepts to research using library resources and the Internet. Level I Prerequisite: Academic Reading and Writing Levels of 6

ACS 151 Student Success: In and Beyond the Classroom (2 Credits)

30 lecture, 2 total contact hours

In this course students will build connections between academic skills, career development practices, and personal success. Using self-assessment tools and journaling, students will develop an awareness of personal strengths, interests, motivations, learning preferences, and skills. Students will apply the SMART (Specific, Measurable, Achievable, Relevant, Time bound) goal setting technique to establish short- and long-term goals, utilize a cognitive model for decision-making to narrow down career and educational choices, conduct career research, and engage in career preparation activities. Students will practice self-management techniques and academic skills as well as identify support networks and relevant college resources. Finally, students will reflect on and articulate strategies to achieve personal, academic, and career success. Specific sections designed for military veterans. Level I Prerequisite: Academic Reading Level 3 or higher; Academic Writing Level 2 or higher