

# PSYCHOLOGY (PSY)

---

## **PSY 100 Introduction to Psychology (3 Credits)**

45 lecture, 3 total contact hours

In this course, students are introduced to the scientific study of psychology - the study of mental processes and behavior. This survey course includes such topics as psychological development, learning, thinking, motivation, emotion, perception, intelligence, aptitudes and personality. Basic principles and their practical applications are discussed. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 150 Psychology of Work (3 Credits)**

45 lecture, 3 total contact hours

In this course, students will read case studies that describe transformative events in corporate culture including ethical and moral dilemmas. They will learn the tools to facilitate entering an employment organization and comprehending their role in it. Students will learn about the interdependency of the organization, the individual and the connectivity between the individual and the individual's workplace organization. The foundation of this course is based in organizational development, industrial organizational psychology, general psychology, social psychology and personality theory. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 200 Child Psychology (3 Credits)**

45 lecture, 3 total contact hours

In this course, students will be introduced to the psychology of human development and behavior from conception to adolescence. Topics of study will include the psychological processes involved in physical, cognitive and social personality development. Major theories of human development are reviewed and contrasted. The course is constructed and taught to be of value to those entering the fields of social work, elementary or secondary education, or nursing and various allied health fields. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 206 Life Span Developmental Psychology (4 Credits)**

60 lecture, 4 total contact hours

In this course, students are provided with an overview of the biological, cognitive, social and affective domains of human growth and development from the prenatal period until death. The course emphasizes the relationship of growth and development to behavior through the life span. Major theories of human development, as well as research methods, are reviewed and contrasted. The course is especially constructed and taught to be of value to those entering the fields of social work, elementary or secondary education, or nursing and various allied health fields. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 210 Behavior Modification (3 Credits)**

45 lecture, 3 total contact hours

In this course, students are introduced to basic behavioral principles and their applications to individuals in need of behavior intervention (i.e., mentally ill, developmentally delayed, problems with daily living, and general behavioral struggles). Students will learn to recognize and interpret behavior patterns, recall the impact of different intervention strategies and determine an effective behavioral modification plan. Students will be asked to design, implement and evaluate the impact of a personal behavioral modification plan. Level I Prerequisite: Academic Reading and Writing Levels of 6; HSW 100 or PSY 100

## **PSY 220 Human Development and Learning (4 Credits)**

60 lecture, 4 total contact hours

In this course, students will explore developmental topics including cognitive, psychological and social development from birth through adolescence. Primary focus is on the role of parents and teachers in fostering learning and development. The topics of readiness to learn, windows of opportunity, brain-based teaching and learning techniques, learning theory, classroom management, and planning and assessment of learning outcomes are addressed. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 240 Drugs, Society and Human Behavior (3 Credits)**

45 lecture, 3 total contact hours

This course provides an overview of the use and abuse of legal and illicit drugs from a psychological perspective. The course covers the prevalence of use and abuse of psychoactive drugs, both historically and currently; the physiological mechanisms of action of different categories of psychoactive drugs; the individual and societal determinants and consequences of drug use; and the relevance of these issues to prevention and treatment programs. It is recommended that PSY 100 and/or BIO 102 be taken before or concurrently with this course.

This course contains material previously taught in PSY 130. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 251 Education of Exceptional Children (3 Credits)**

45 lecture, 3 total contact hours

In this course, students are introduced to the historical, philosophical and organizational factors leading to the enactment of federal and state laws, rules and regulations governing persons with exceptionalities. Students are presented with an overview of the major categories of exceptionality. Methods for identifying and working with children in child care, recreational and educational settings are explored. Working with an interdisciplinary team and partnering with parents is a major focus of this course. Level I Prerequisite: Academic Reading and Writing Levels of 6

## **PSY 257 Abnormal Psychology (3 Credits)**

45 lecture, 3 total contact hours

In this course, students will be introduced to abnormalities in personality types, their origin, symptoms, developments, prevention and treatment. Main topics include: simple maladjustment, disturbances of emotion, perception, memory, judgment or thought. Other topics may include early symptoms of schizophrenia and disorders of mobility and speech. Level I Prerequisite: Academic Reading and Writing Levels of 6; PSY 100 minimum grade "C-"

## **PSY 270 Social Psychology (3 Credits)**

45 lecture, 3 total contact hours

In this course, students will be introduced to the major concepts in the field of social psychology, typically defined as the way in which our thoughts, behaviors, and emotions are influenced by the presence of others. As each major topic within social psychology is reviewed, students will focus on its application to their own lives as well as to political and historical events throughout the world. Students will be able to use this knowledge to understand social relationships at both the local and global level. The title of this course was previously Social Psychology and Global Applications. Level I Prerequisite: Academic Reading and Writing Levels of 6

**PSY 296 Neuropsychology of Addiction (3 Credits)**

45 lecture, 3 total contact hours

In this course, students will study the basic principles of pharmacology, including both pharmacokinetics and pharmacodynamics, and the application of these principles to addictive drugs. In particular, students will focus on the functioning of the nervous system with an emphasis on neurotransmission, the evolution of our understanding of the biological mechanisms of addiction, and various physiological effects, including the mechanism of action of both legal and illegal psychoactive drugs.

Level I Prerequisite: Academic Reading and Writing Levels of 6; PSY 240 minimum grade "C" Level II Prerequisite: PSY 100 and BIO 101 or BIO 102 are strongly recommended

**PSY 297 Assessment of Co-occurring Disorders (3 Credits)**

45 lecture, 3 total contact hours

In this course, students will receive an overview of tools used to assess the co-occurrence of a mental illness and a substance use disorder. Students are introduced to basic mental illness concepts presented in the current Diagnostic and Statistical Manual (DSM) and explore the influence and interaction of a substance use disorder related to a mental illness. In addition, students will be provided with ethical guidelines related to working with, assessing and treating addiction. Level I Prerequisite: Academic Reading and Writing Levels of 6

**PSY 298 Treatment of Addiction (3 Credits)**

45 lecture, 3 total contact hours

In this capstone course, students will integrate theory into the simulated practice of treating addictions. Students will apply the theoretical foundations to treating addiction and learn about possible barriers associated with treatment. By the end of this course, students will have a basic understanding of treatment options and begin to demonstrate the skills used with each option. Level I Prerequisite: Academic Reading and Writing Levels of 6; HSW 296 or PSY 296, minimum grade "C"; may enroll concurrently in both courses; HSW 297 or PSY 297, minimum grade "C"; may enroll concurrently in both courses